



PLEASE READ BEFORE ENTERING THE GYM

- **Please ensure that you have reported to Reception, signed-in** and signed the Waiver of Liability form before using the gym
- **Use of the gym and equipment is strictly at your own risk**
- **You are responsible for determining whether you are medically and physically able to use the gym or gym equipment**
- **The gym equipment has been designed for reasonable adult use only and improper, or unauthorised use of the gym equipment, may result in serious harm and is strictly prohibited**
- **Under 16s are not permitted to use the gym facilities unless accompanied and supervised at all times by a responsible adult** on a one-to-one basis
- **Please wipe down the workout areas after use**
- **Proper footwear and clothing required to be worn at all times**

Worldteam Limited, its directors and employees, do not accept responsibility or liability for any claim, loss or damage whatsoever which may arise directly or indirectly from the use of this facility, except so far as provided by statute